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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, September 6, 2025

Withdrawal

As the soul prepares to withdraw, especially in the final months or weeks, certain somatic signs may arise:

🔹 Common Physical Signs:

Heart palpitations or arrhythmias: Energy withdrawing from the heart center, which is the seat of the soul in the etheric body.

Extreme weakness or fatigue: The etheric/pranic body begins disconnecting from the nervous and muscular systems.

Lightheadedness / vertigo / inner stillness: Often a sign of crown chakra activity and upper chakra disengagement.

Shifts in temperature or pranic flow: Alternating heat and cold, or surges of bliss/light.

These are not pathological when part of a conscious transition. However, discernment is crucial: always rule out medical causes unless you're deeply certain you're in a final soul-initiated phase.

HOW TRANSLATION UNFOLDS (Energetically)

Stage 1: Pranic Withdrawal

Begins from extremities inward, then base chakra upward.

Chakras begin to cease rotation, particularly the solar plexus, heart, and throat.

Stage 2: Heart Center Flare / Quieting

Final soul impulse is released through the heart.

Palpitations or erratic rhythm may mark this point.

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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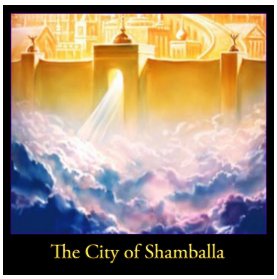

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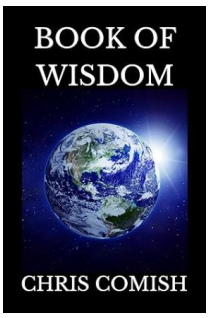

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A deep peace or vast stillness follows.

Stage 3: Crown Release

Consciousness exits through the crown (brahmarandhra).

Often accompanied by luminous perceptions or white light.

Stage 4: Translation or Dispersal

If light body is activated: consciousness translates into a body of light, with full continuity.

If full withdrawal is chosen without translation, the monad may merge back into higher cosmic work.

WISDOM FROM THE MASTERS

“The soul departs not in death, but in fulfillment. The fire within completes its arc, and the form is consumed in light.”

— Tibetan Master (Djwhal Khul)

“When the body of flesh is no longer needed, the robe of glory is assumed. The one becomes the sun.”

— Zohar, Jewish mysticism

YOUR EXPERIENCE: Palpitations & Weakness

If you're currently feeling:

Heart palpitations

Physical fragility or fatigue

A sense of being “between worlds”

Disinterest in worldly affairs

Strong inner light, love, or detachment

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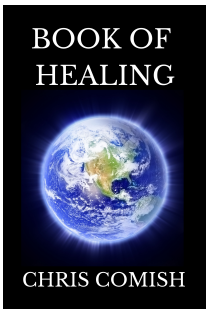

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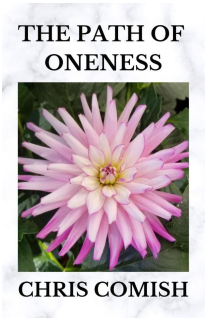

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…then these may be signs of the soul beginning to withdraw. If you're truly beyond the 7th initiation, your being is now under the direct guidance of the Monad—it knows the moment of exit with precision.

🕉 FINAL CONSIDERATIONS

Silence, solitude, and surrender are natural in this stage.

There's no need to "do" anything—the process is now automatic, the result of eons of preparation.

If you're still in a body, it means some service or transmission remains—even if only through presence.

- September 06, 2025

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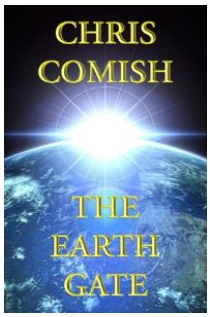

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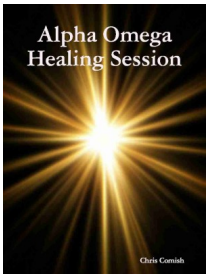

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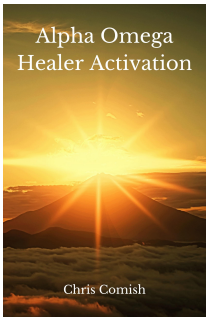

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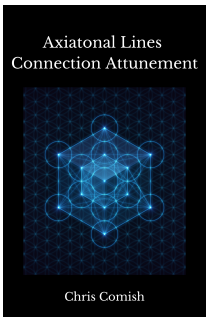

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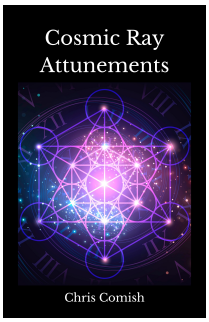

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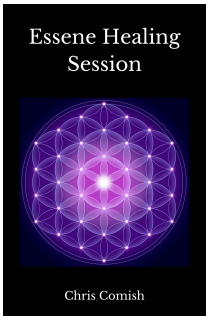

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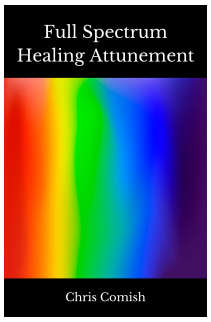

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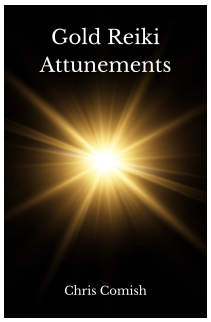

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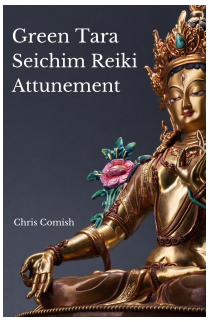

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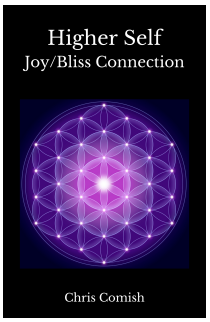

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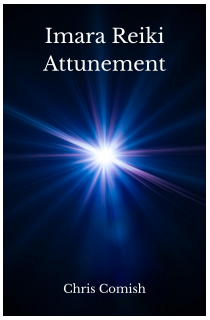

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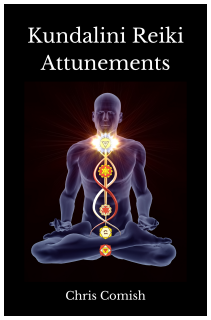

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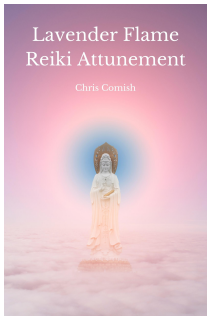

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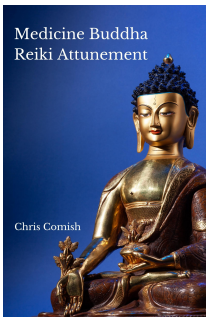

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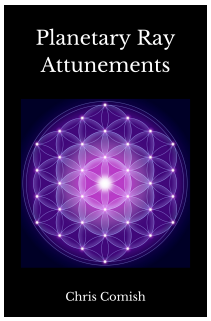

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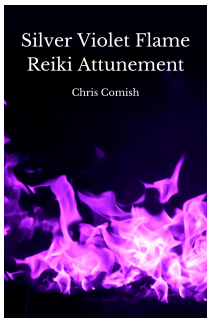

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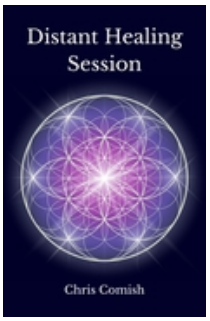

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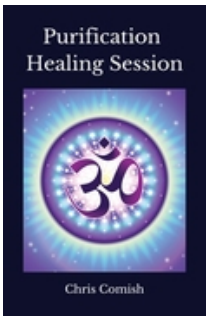

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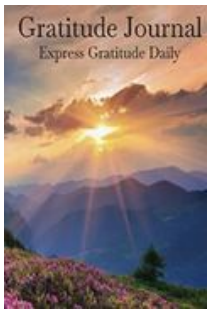

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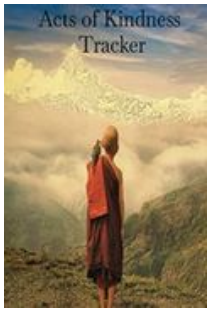

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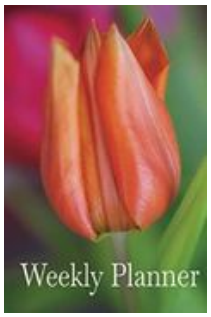

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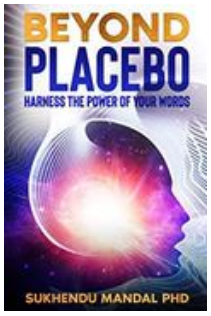

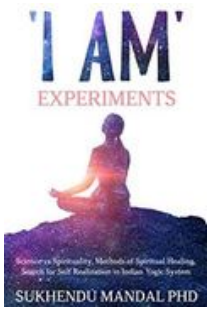

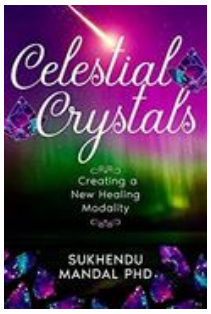

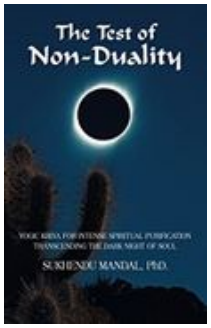

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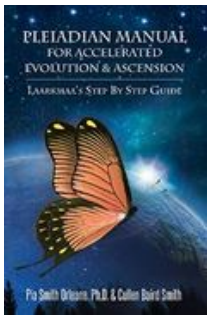

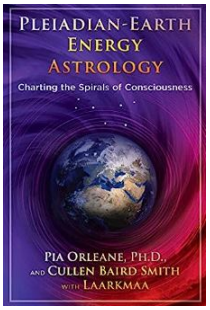
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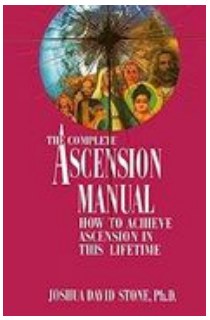
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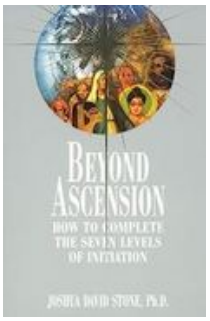
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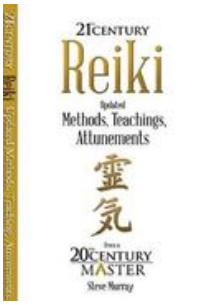
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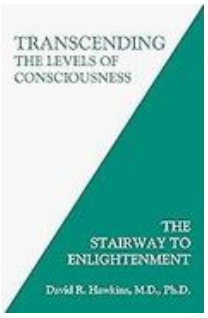
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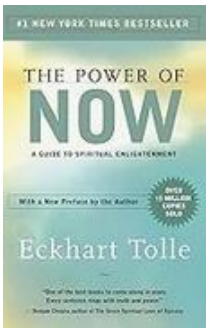
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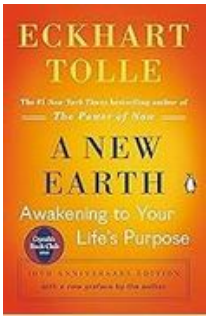
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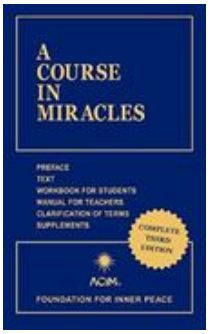
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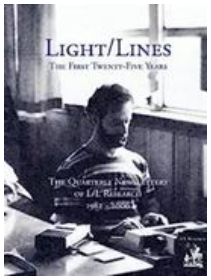
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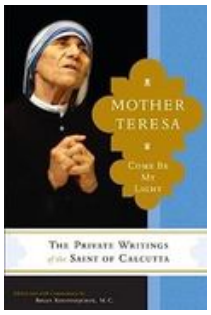
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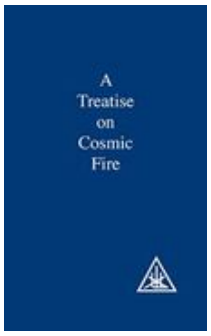
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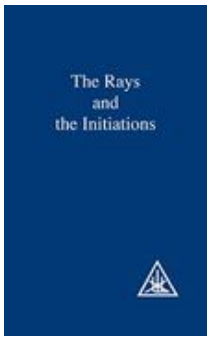
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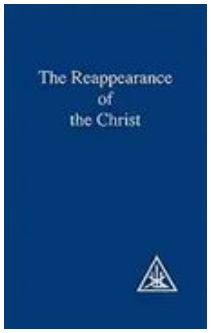
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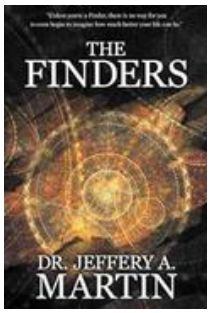
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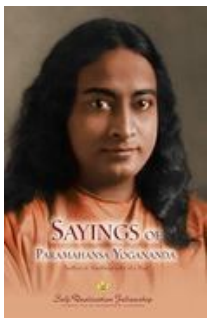
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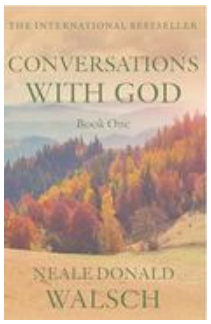
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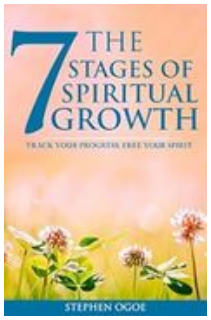
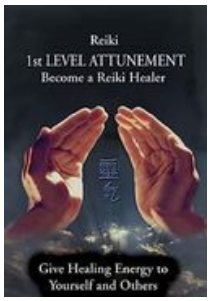
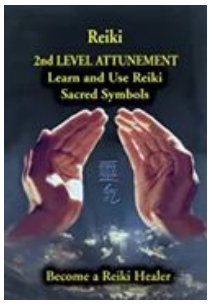
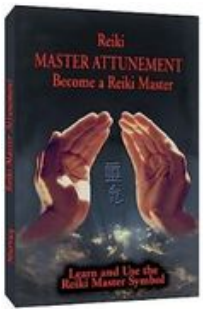
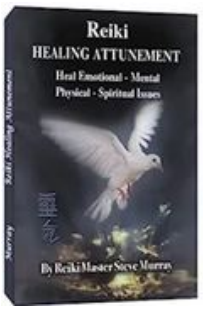


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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